

Brezofil™

Presentation

Brezofil[™] 200: Each tablet contains Doxofylline INN 200 mg.

Brezofil[™] 400: Each tablet contains Doxofylline INN 400 mg.

Brezofil[™] 400 SR: Each sustained release tablet contains Doxofylline INN 400 mg.

Brezofil™ Syrup: Each 5 ml syrup contains Doxofylline INN 100 mg.

Description

Doxofylline, a new generation xanthine belonging to a new class of drug referred to as Novofylline, which is chemically 1,3-dimethyl-3,7-dihydro-purine-2,6-dione. Its molecular formula is $C_{11}H_{14}N_4O_4$ and its molecular weight is 266.253 g/mol. Doxofylline is a new creation long lasting oral methylxanthine extract. Methylxanthines are from the family of phosphodiesterase inhibitors. Correspondingly, its system of are from the family of phosphodiesterase inhibitors. Correspondingly, its system of activity is associated to the reticence of phosphodiesterase action, initiating in bronchodilating actions. It has a bronchodilator effect which reduces rate of breathlessness in patients suffering from asthma. It helps relax the muscles in the bronchi and bronchioles, thus causing dilatation of the air passages and helping patients to breathe easily. The drug also possesses antitussive properties which help to control the cough linked with lung disorders.

Indication and Uses

Doxofylline is mostly administered for maintenance treatment in subjects experiencing COPD (Chronic Obstructive Pulmonary Disease) and bronchial asthma. Doxofylline is not designed for use as an emergency treatment during an asthma attack.

Dosage & Administration

Tablet

Adults: 400 mg sustained release tablet once a day. Single dose, administration in the evening reduces nocturnal, symptoms and helps to keep the patients complaint free during the day. However, in certain cases, 400 mg tablet twice daily is recommended on the basis of the clinical response and according to disease severity. Doses as high 1200mg/day (400 mg 3 times day) may also be prescribed.

Elderly: The dosage may be decreased according to medical prescription in the very elderly patients with concomitant cardiovascular, hepatic, renal and gastric disease, to 200 mg tablet b.i.d/ t.i.d.

Children >12 years: 200 mg 2 or 3 times daily.

Syrup

Children> 12 years: 10 ml, 2 or 3 times daily.

Children<12 years: 6 mg/kg/dose twice daily. In case of unsatisfactory response it can be increased up to 9 mg/kg/dose twice daily under medical supervision.

Dosage	Weight of the child						
	10 kg	15 kg	20 kg	25 kg	30 kg	35 kg	40 kg
6 mg/kg/dose b.i.d	3 ml	4.5 ml	6 ml	7.5 ml	9 ml	10.5 ml	12 ml
Total daily dose	6 ml	9 ml	12 ml	15 ml	18 ml	21 ml	24 ml

Elderly: 10 ml, 2 or 3 times daily.

Side-effects

After xanthine administration, nausea, vomiting, epigastric pain, cephalalgia, irritability, insomnia, tachycardia, extrasystole, tachypnea and occasionally, hyperglycemia and albuminuria may occur. If a potential oral overdose is established, the patient may present with severe arrhythmias and seizure; these symptoms could be the first sign of an intoxication. Adverse reactions may cause the withdrawal from treatment, a lower dose rechallenge may start only after the advice of a physician.

Precautions

Use with caution in patients with hypoxemia, hyperthyroidism, liver disease, renal disease, in those with history of peptic ulcer and in elderly. Frequently, patients with Congestive Heart Failure (CHF) have markedly prolonged drug serum levels following discontinuation of Doxofylline.

Use in Pregnancy & Lactation Animal reproduction studies indicate that Doxofylline does not cause fetal harm when administered to pregnant animals nor can affect reproduction capacity. However, since there is limited experience in human during pregnancy, xanthines should be given to a

pregnant woman only if clearly needed. Contraindications

This is contraindicated for individuals who have shown hypersensitivity to Doxofylline and its components. It is also contraindicated in patients with acute myocardial infarction, hypotension, and in lactating women.

Drug Interactions

Doxofylline should not be administered together with other xanthine derivatives. Toxic synergism with ephedrine has been documented for xanthines. Like other xanthines, concomitant therapy with erythromycin. troleandomycin, lincomycin, clindamycin, allopurinol, cimetidine, ranitidine, propranolol and anti-flu vaccine may decrease the hepatic clearance of xanthines causing an increase in blood levels. No evidence of a relationship between Doxofylline serum concentrations and toxic events have been reported.

Overdose

Although no major arrhythmias have been documented with Doxofylline, the occurrence of major cardiac rhythm disturbances cannot be excluded in case of overdosage of xanthine compounds. If a potential oral overdose is established, the patient may present with seizures; this symptom could be the first sign of intoxication. Adverse reactions may cause withdrawal from treatment.

Storage: 1) Store at room temperature (not exceeding 30°C).

2) Store in cool and dry place, protected from light.

Commercial Pack

Brezofil[™] 200: Each box contains 3 blister strips of 10 tablets. Brezofil[™] 400: Each box contains 3 blister strips of 10 tablets. Brezofil[™] 400 SR: Each box contains 3 blister strips of 10 tablets. Brezofil[™] Syrup: Each bottle contains 60 ml, 100 ml syrup and a measuring cup.

